

How to Cut a Grapefruit

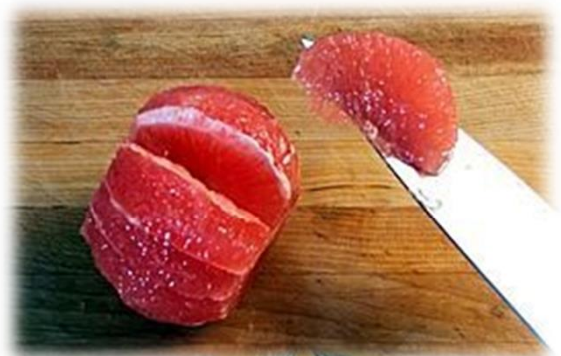


Step 1. Cut off the top and bottom of the grapefruit.

Step 2. Begin slicing off the peel, cutting from the top to the bottom following the curve of the fruit. Try to remove the pith without sacrificing too much of the flesh of the fruit.



Step 3. To remove the first segment, cut from the outside to the center just inside the membrane on either side of a section.



Step 4. Continue to cut inside the membrane on the left side of the next segment. Roll it up to the right so the knife is pulling the segment from the membrane, lifting out the segment.

